



GHENT INTERNATIONAL MAY REGATTA



9 & 10 MAY 2026

WATERSPORTBAAN 'GEORGES NACHEZ'





TEAM MANAGERS MANUAL

**46th INTERNATIONAL BELGIAN ROWING CHAMPIONSHIPS FOR SENIORS
TROPHY “ROLAND ROMBAUT”**

**9th INTERNATIONAL BELGIAN ROWING UNDER 23 CHAMPIONSHIPS
TROPHY “SPORT VLAANDEREN”**

**21st INTERNATIONAL FLEMISH ROWING UNDER 19 CHAMPIONSHIPS
20th TROPHY “CITY OF GHENT”**

**105th GHENT INTERNATIONAL MAY REGATTA
16th TROPHY “1883-2008 - 125 YEARS SPORT GENT”**

May 09 & 10, 2026
Regatta course “Georges Nachez” - Ghent

Organised by
KONINKLIJKE ROEIVERENIGING SPORT GENT 1883 vzw.

Under protection of the

Royal Belgian Rowing Federation

Vlaamse Roeiliga

In collaboration with

Sport Vlaanderen

City of Ghent



KEY PERSONS ORGANISING COMMITTEE



Regatta President
Patrick Rombaut



Regatta Secretary
Chantal Neirinckx



Technical Delegate
Peter van Belle



Jury President
Gwenda Stevens



Technical Coordinator
Tony Hinderyckx



Finish tower coordinator
Luc De Maré

**ALL PRACTICAL INFORMATION CAN BE COLLECTED AT
THE INFORMATION DESK IN THE CLUBHOUSE OF THE
ORGANISING CLUB “SPORT GENT” OR AT WWW.KRSG.BE**



PRESIDENT OF THE JURY

Gwenda Stevens

MEMBERS OF THE JURY Sectie-einde (doorlopend)

Per Björnskjöld	Jean-Pierre Follet	Arjon Pals
Mark Blandford-Baker	Kjelle Frans – deputy Po	Roland Sautois
Fabio Bolcic	Georg Gruetzner	Birgit Steininger
Nuno Botelho	Jan Havlicek	Eli Szabo
Lars Chirstoffersen	Carmen Hinterding	Ronne Timmerman
Miguel da Silva	Asuncion Lorient Perez	Maarten Tratsaert
Paul Daetwyler	Vida Maliene	Guido Van der Salm
Leonie De Jong	Lieven Malisse	Frank Vondeling
Annemarie De Wispelaere	Philippe Marillaud	Roland Weill
Etem Derman	Benoit Martin	Paul Wouters
Martine Dimouawa	Laszlo Meszaros	Amélie Zech
Jerzy Erdman	Remi Moulin	

ADMINISTRATIVE SUPPORT OF JURY

Luc De Maré (head) – Rudi Boudry – Anna De Brabandere – Ann De Busschere
Anton Renting – Pierre Van Steenkiste

CONTROL COMMISSION

Ronny Evers – Tony Hinderyckx – Manfred Sellinck – Peter van Belle

MEDICAL & RESCUE SERVICES

dr. Katrien Bonte – dr. Ruben De Gendt – Splash Rescue Team – Het Vlaams Kruis

COPY SERVICE

Firma O.I.&S.

REGATTA INFORMATICS

Info-Service Belgium, Werner Zenner & Yoeri Lens – Kevin Van Moer

<i>Jury Meetings</i>	Friday May 8, 2026	18h30 GUSB, Watersportlaan, Gent (map page 7)
	Saturday May 9, 2026	06h30 Club house Sport Gent
	Sunday May 10, 2026	06h30 Club house Sport Gent

Team managers meeting: see page 7



PRACTICAL INFORMATION

VENUE MAPS & IMPORTANT INSTRUCTIONS FROM THE POLICE AND THE AUTHORITIES

No cars / trailers are allowed on the green!

Only boats on stretchers.

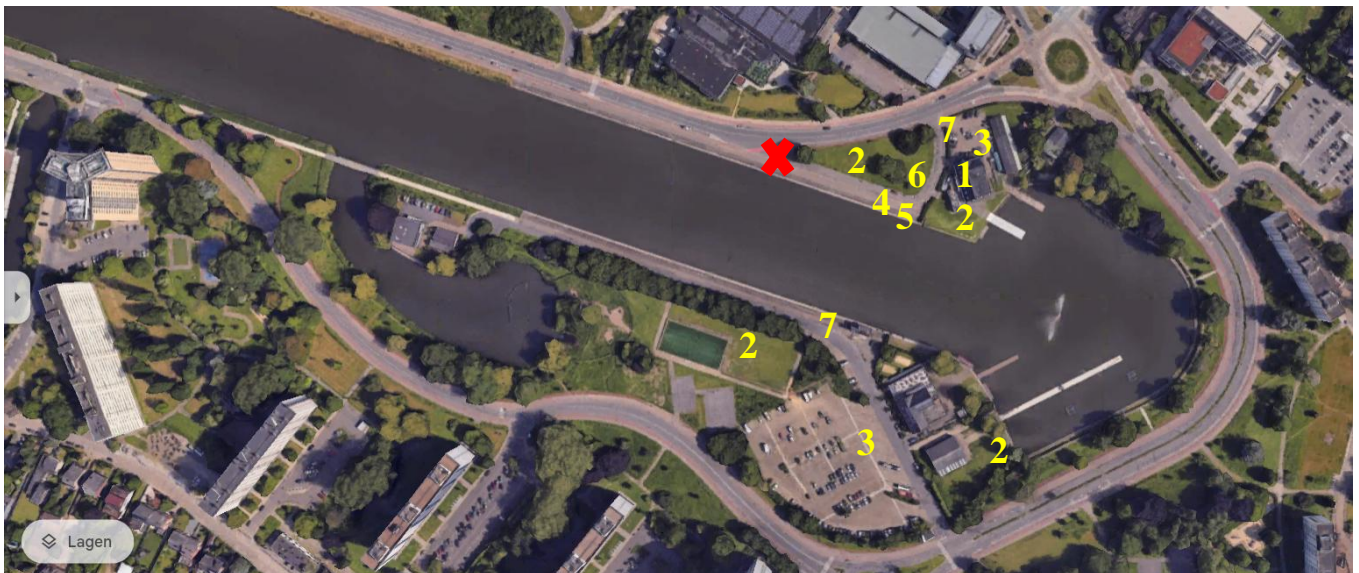
Cars must be parked regular on the parking lanes.

Please note: there is paid parking in some zones.

On Sunday parking is free.

All people must strictly follow the indications given by the staff in charge of the security and/or the traffic police.

The traffic police will penalize everybody who doesn't follow the rules.



1. Organising Committee HQ - Regatta secretary
2. Boat park (boats only - no trailers - no cars)
3. Trailer parking
4. Finish container
5. Podium
6. Regatta village, merchandising & food
7. Toilets



To reach the parking and boat park areas, you can use the **Noorderlaan** to reach boat park A (OC HQ and Victory Ceremony podium) or the **Zuiderlaan** to reach boat park B.



ORGANISING CLUB (KRSB) - FINISH & BOAT PARK AREA



1. Regatta secretary & Medal Collection (all medalists **EXCEPT** winners)
2. Finish “Tower” & Podium (medal collection **ONLY** winners on both days)
3. Medical services & athlete weighing
4. Boat park (**ONLY BOATS - NO CARS or TRAILERS**)
5. Regatta village (drinks)
6. Merchandising (food & souvenirs)
7. Paid parking (Sunday free)
8. Toilets

TEAM MANAGERS MEETING

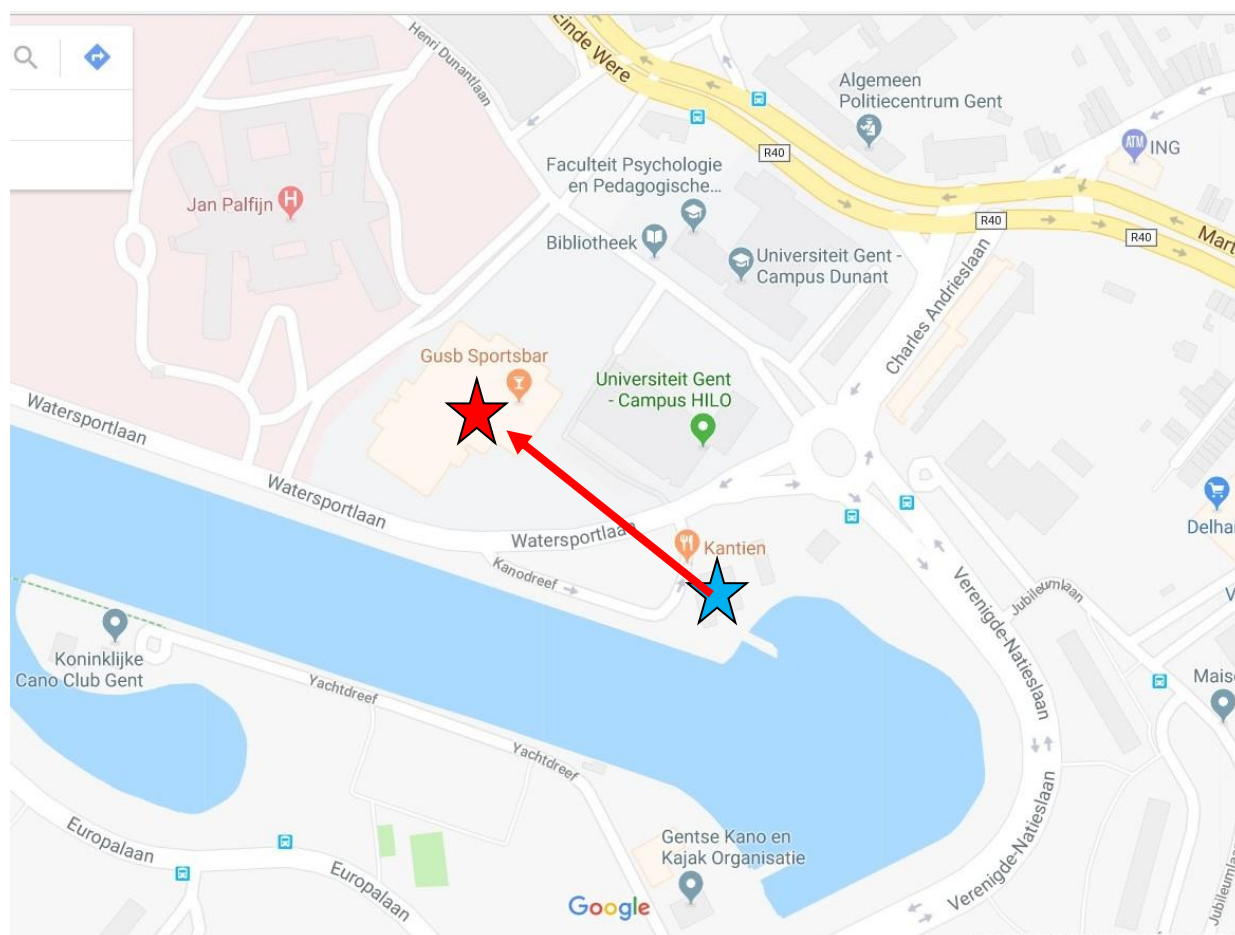
Time and place

Friday May 8, 2026 at 20h00

GUSB, Watersportlaan (opposite road longing the OC Club HQ)

Attendance

The attendance of all team managers is highly recommended



PROTEST

Procedure

cf. World Rowing Rule Book SECTION 11 - Rules 76 to 79 (see WR Rule Book at www.worldrowing.com)

Confirmation

All protests have to be lodged in writing with a deposit of € 100 and confirmed at the info desk (OC club) to the eputy President of the Jury Mrs. Kjelle Frans, who will immediately inform the President of the Jury.



CONTROL COMMISSION

In general

All crews and coaches have to follow strictly all indications and instructions given by the members of the jury and the control commission.

Identity Control

During the weighing and the embarkation, a random identity control of crew members will be executed. Please have an official proof of identity with photograph available.

Stretchers

All boats must be equipped with stretchers. Strict control will be done by the members of the jury.

COMPOSITION OF THE HEATS FOR “UNDER 19” & “UNDER17” ON SUNDAY

The draw for the Under 19 and 17 races on Sunday will be based upon the results of the U19 races on Saturday.

Crews who only enter for the Sunday races or crews with a different composition compared to Saturday will be placed at the end of the draw.

TIME TABLES

Training sessions

The course will be open for training on:

Thursday May 07, 2026	from 08h00 till 21h00
Friday May 8, 2026	from 08h00 till 21h30
Saturday May 9, 2026	from 06h00 till 07h30
	and from 18h45 till 21h00
Sunday May 10, 2026	from 06h00 till 07h30

NO TRAINING IS ALLOWED DURING THE COMPETITION SESSIONS

Competition sessions

Saturday May 9, 2026	from 08h00 till 18h10
Sunday May 10, 2026	from 08h00 till 17h20



“GHENT” PROGRESSION & HEATS SYSTEM

It is imperative that all participants of the race are in the start (waiting) area at least 5 minutes **before the indicated start time of the first heat.**

Senior and Under 23 events:

If more than 5 crews have been entered, heats will be competed to select the 5 finalists. Once the starter knows the exact number of starting crews, he will announce the composition of the heats and the type of progression system.

Below you'll find the different systems, depending on the number of STARTING crews.

GHENT INTERNATIONAL MAY REGATTA PROGRESSION SYSTEM (SENIORS & UNDER 23) Hoe bereikt men de finale? - Comment accéder à la finale? - How to reach the final?												
# Startende ploegen # Équipes au départ # Starting crews	# Reeksen # de Séries # of Heats	Naar En To	H 1	H 2	H 3	H 4	H 5	H 6	H 7	H 8	H 9	H 10
<5	0	F (direct)	-	-	-	-	-	-	-	-	-	-
6 - 10	2	F	1 st & 2 nd and fastest 3 rd	1 st & 2 nd	-	-	-	-	-	-	-	-
11-15	3	F	1 st and 2 fastest losers	1 st	1 st	-	-	-	-	-	-	-
16-20	4	F	1 st and fastest 2 nd	1 st	1 st	1 st	1 st	-	-	-	-	-
21-25	5	F	1 st	1 st	1 st	1 st	1 st	-	-	-	-	-
26-30	6	S	1 st and 4 fastest losers	1 st	1 st	1 st	1 st	1 st	1 st	-	-	-
31-35	7	S	1 st and 3 fastest losers	1 st	1 st	1 st	1 st	1 st	1 st	1 st	-	-
36-40	8	S	1 st and 2 fastest losers	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st	-
41-45	9	S	1 st and fastest loser	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st
46-50	10	S	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st
Semi finals (if more than 26)	2	F	1 st & 2 nd and fastest 3 rd	1 st & 2 nd								

All other events:

All competitors will row heats ‘on time’.

Once the starter knows the exact number of starting crews, he will announce the composition of the heats and the type of progression system.

In those events the overall ranking is made up based on the realized time of each crew.



Remarks:

- * Only A-finals are rowed (except events as marked in time table on page 9)
- * If for any reason, a qualified crew withdraws for the final, the organizing committee will contact the “lucky loser” and offer him the vacant place.

TRAFFIC RULES

In general

The regatta organizers as well as the jury do ask you to adhere strictly to the traffic rules described below!! More than 1500 crews, representing well over 3600 rowing seats have entered for this international rowing event.

Taking into account the narrow width of the regatta course and the fact there is only 1 lane to the start, in combination with the quick succession of starts we ask you to follow these rules strictly.

Training sessions

Towards the start:

Use **ONLY** the lanes **0** (bank Sport Gent), and **1**.

Do **NEVER** return along the way but continue to the start (0 meter) before returning to the finish.

Please turn behind the start pontoons and avoid disturbing the crews having test starts in the lanes **3, 4 and 5!**

Towards the finish:

Use **ONLY** the lanes **3, 4 and 5** (bank finish tower).

Neutral lane:

Lane 2 is the neutral lane! NEVER use lane 2.

Remark

When entering the regatta course, the crews using the boat area of the Gentse R.S. (1500m) need to come to the finish first using lanes **3, 4 and 5**. Then follow the circuit as described above; **do NEVER cross the course at the 1500m mark (two small bridges).**

Racing sessions

Towards the start:

Crews may leave the pontoons maximum 35 minutes before their race.

Only use lane **0** (bank Sport Gent) and pay attention when you cross the finish, while races arrive. All crews have to enter the **0** lane between the big yellow/red buoys and the bank at the opposite side of the finish tower.

When races are passing, you must stop your boat. It is a proof of sportsmanship and respect for your colleagues racing.



Remark

When entering the regatta course, the crews using the boat area of the Gentse R.S. (1500m) need to come to the finish first using lanes 3, 4 and 5. Then follow the circuit as described above; **do NEVER cross the course at the 1500m mark (two small bridges).**

Warming up:

Until the 250 meter mark, all crews have to follow lane 0.

Warming up is only between the 250 meter to the 750 meter mark.

Do NOT use lane 1 when rowing in the direction of the finish!

At the 750 meter mark turn again direction start by ONLY using lane 0 towards the start!

Once you have passed the 250 meter you cannot return and must continue to the 100 meter, where you have to wait for instructions from the jury member at the 100 meter.

From that moment on, you are under the orders of the starter!

Cooling down

After the race, cooling down is allowed in the 0 lane (opposite side of the finish tower), in the direction of the start and until the 1500m mark (2 small bridges). If a race comes through, STOP your boat and wait for instructions from the marshal at the 1500m.

Rowing back to the finish area is allowed in lanes 2, 3, 4 and 5.

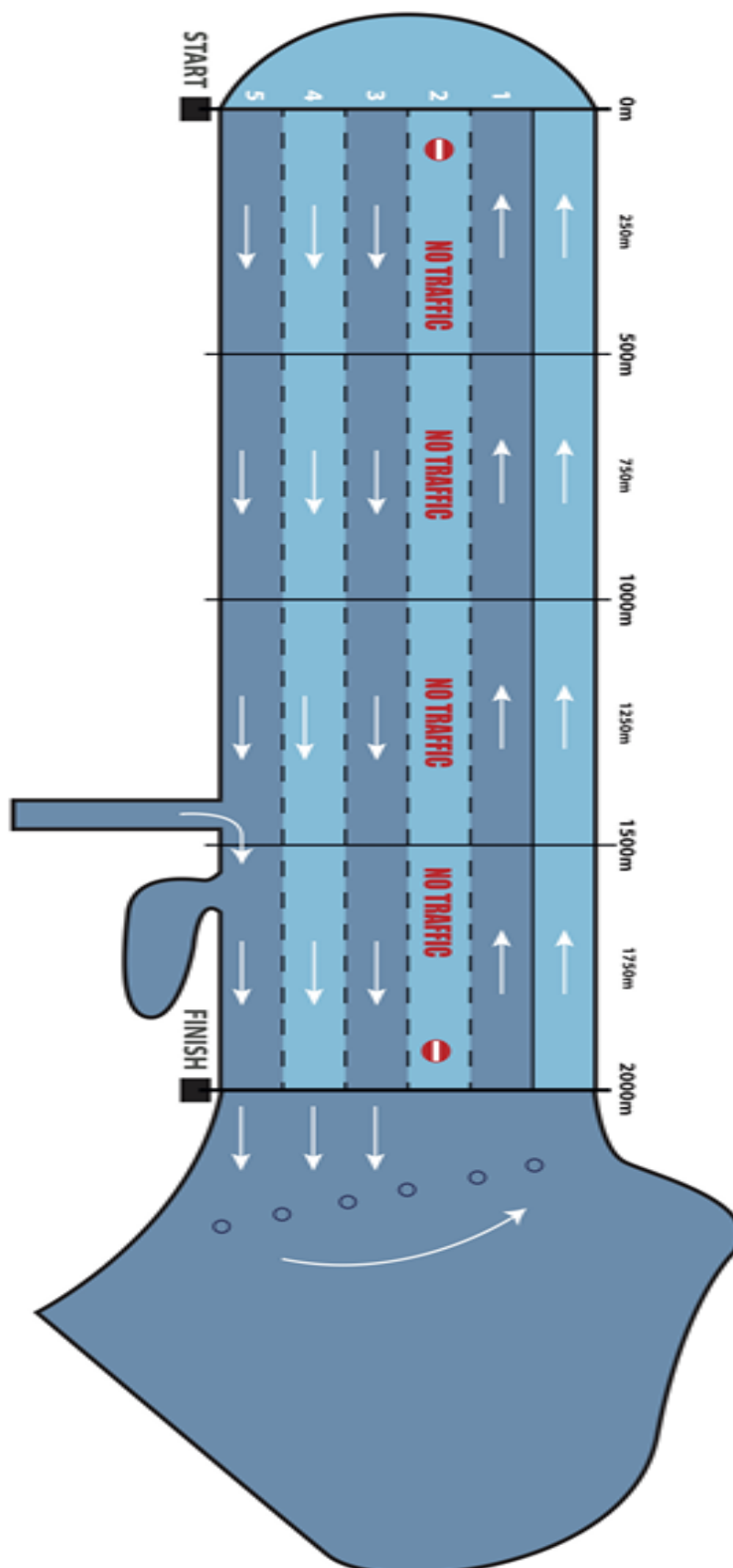
Do NOT use lane 1 when returning to the finish!

Map

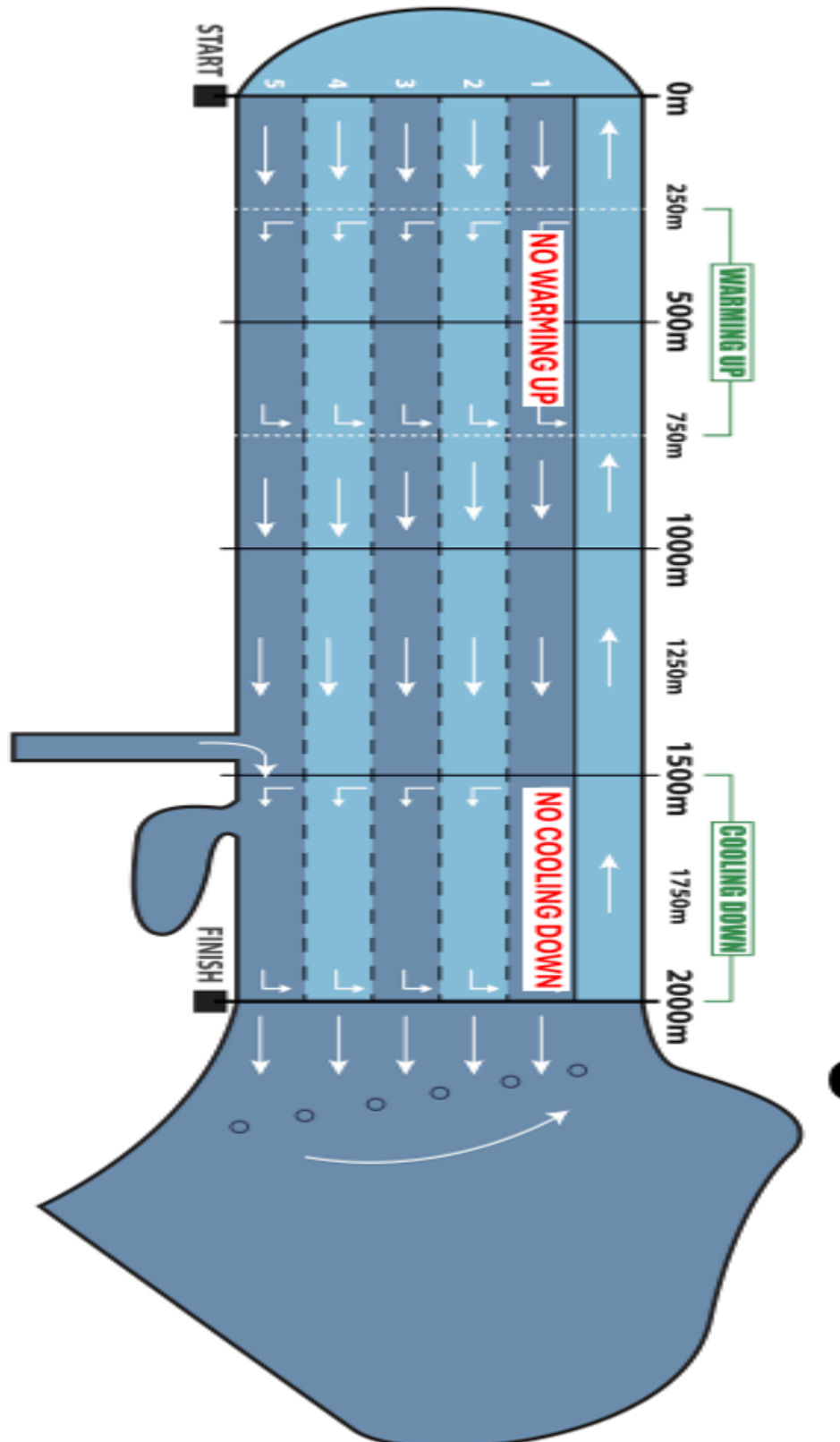
You will find the map of the traffic rules on pages 13 & 14, and on the displays at the embarkment pontoons.



Traffic rules: training



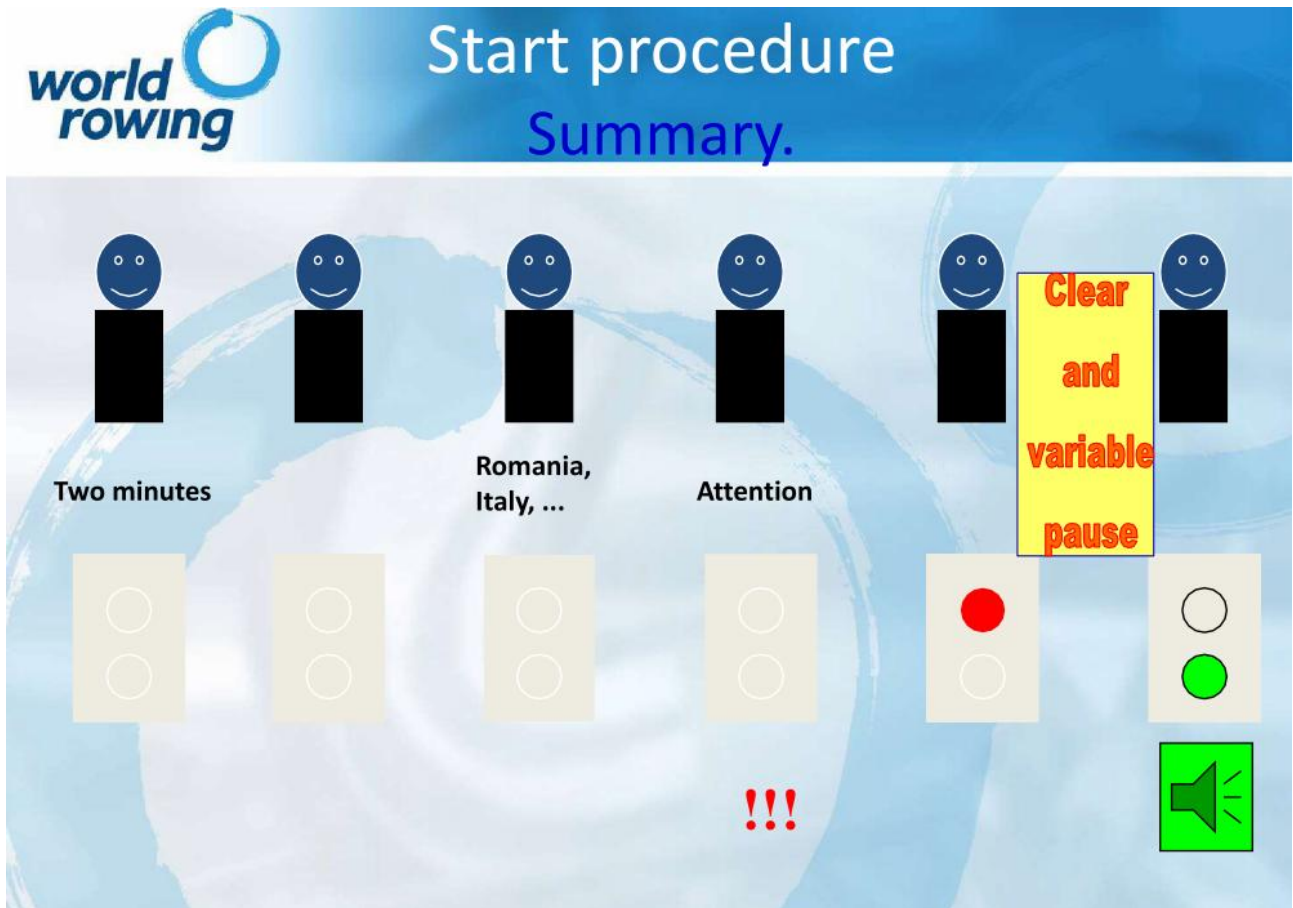
Traffic rules: racing



STARTING SYSTEM

0 METER

The start will be given with traffic lights and an acoustic signal.



1500 METER - MU13 and WU13

The start at the 1500 meter will be given with flag and voice.

CREWS CONTINUE TO ROW IN THE ZERO LANE TILL THE 1500 m MARK.

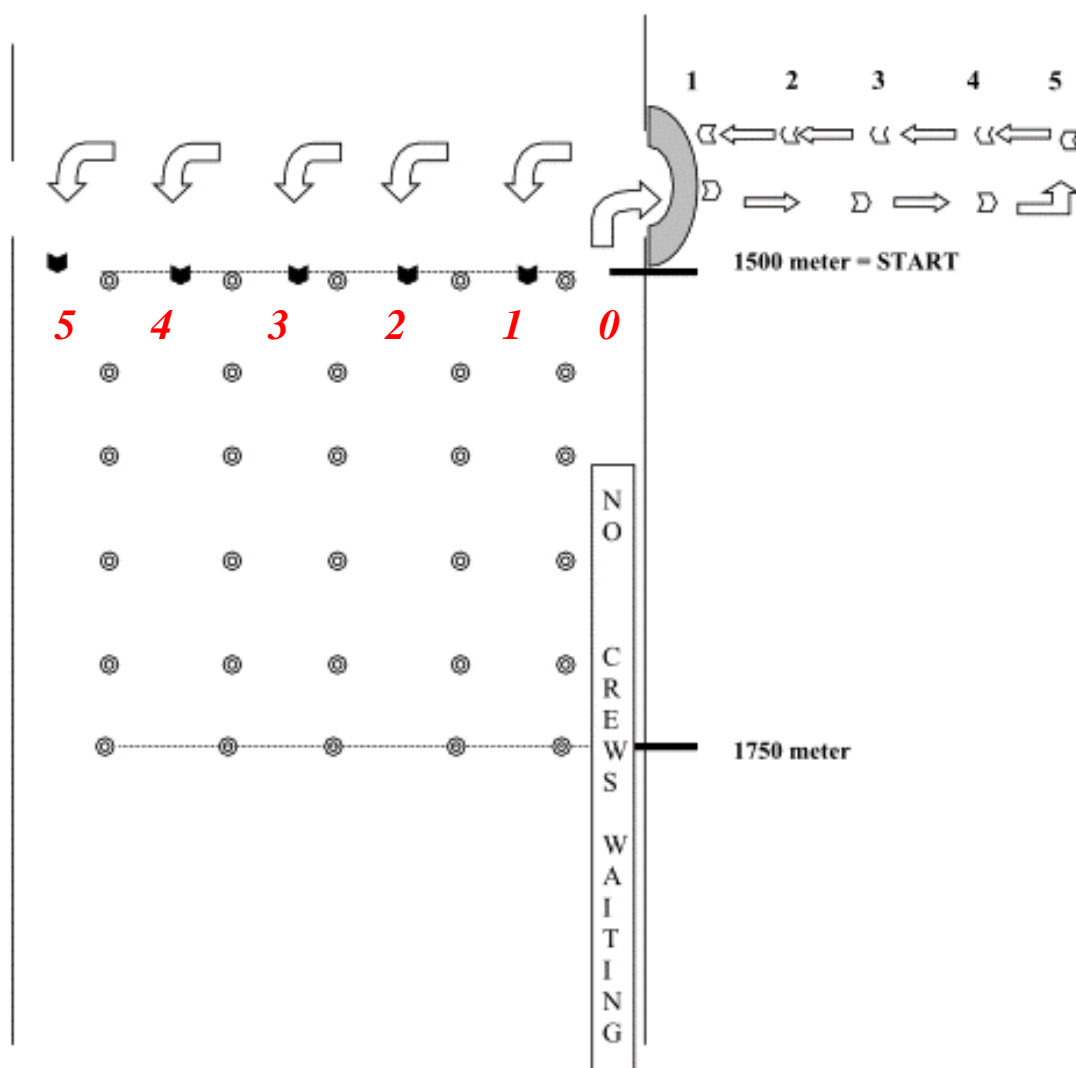
DO NOT STOP AND IMMEDIATELY TURN THE BOAT UNDER THE BRIDGE AT STARBOARD.

ON THE RIVER TURN THE BOAT WITH THE BOW BALL TO THE BRIDGE AND PUT THE BOATS IN BOW NUMBER ORDER.

STARTING WITH BOW NUMBER 1 CLOSEST TO THE BRIDGE.

WAIT FOR INSTRUCTIONS OF THE PRE-STARTER FOR HEAT AND LANE NUMBER.

ONCE REQUIRED, ROW YOUR BOAT UNDER THE BRIDGE TO THE REGATTA COURSE AND ENTER YOUR INDICATED LANE.



Events 101 (MU13 1x), 102 (WU13 2x), 201 (MU13 2X) & 202 (WU13 1x).

PROGRAM

In general

A program costs € 5,00 It contains detailed information concerning the regatta.

Sales Points - Merchandising & Catering

They are for sale at the information desk in Sport Gent, the souvenir shop, the Coca Cola Regatta Village and the finish tower.

ACCOMMODATION & FINANCES

Location

All information is available at the info desk in K.R. Sport Gent.

Responsibilities

Every team is responsible for the good behaviour of its members.

DRESSING ROOMS, SHOWERS AND TOILETS.

Location

Facilities are available in the 3 Ghent rowing clubs.

Valuable items

Please do not leave any valuables unattended. The organizing committee is not responsible for any loss or theft.

Toilets (Sport Gent)

A toilet car is located beside the parking area of Sport Gent. May we ask the athletes to use this facility to avoid any “congestion” at the toilet facilities on the upper floor of the Sport Gent clubhouse.

MEDICAL SERVICES

Location

On the spot:

The main medical center “**Het Vlaamse Kruis**” is situated in the fitness room of K.R. Sport Gent, near the athlete’s weighing.

Hospital:

Nearest hospital is AZ “Jan Palfijn” situated at the 1750 m mark, side of Sport Gent.
Telephone: **09/224.71.11**

RESCUE TEAM

The crew of the Splash Rescue Team is on standby.

Emergency telephone numbers (Belgium)

AMBULANCE/ M.I.C.U.	112
POLICE	101
FIRE BRIGADE	112



Anti-Doping control

If World Rowing, the national rowing federation or the local authorities should execute anti-doping control, the concerned crew members will be informed by the control commission.

CREW CHANGES / WITHDRAWALS / SUPPLEMENTARY ENTRIES

Location

All withdrawals and crew changes can only be made using the official forms and only at the information desk in the main room of K.R. Sport Gent.

Forms are available at the information desk

Missing names of crew members

All team managers are kindly requested to check the names, printed in the program. In case of MISSING or UNCORRECT names, please inform the information desk, main room Sport Gent, and let us know the correct composition of your crews, including coxswains, before the beginning of the regatta.

The jury may give a yellow card if not all names are entered in time at the information desk.

STARTING LISTS

The starting lists will be updated on regular basis, following the information forwarded by the team managers to the information desk. The updated lists will be displayed on the different display boards.

INTERNET

Website

All data and live results can be consulted on the web site:

<http://www.krsg.be/may-regatta>

Location

A screen can be consulted near the information desk in K.R. Sport Gent.

BOW NUMBERS

Location

All bow numbers must be collected at the information desk in Sport Gent.

Guarantee

A deposit of € 5 or equivalent will be asked for each bow number.

Remark:

1. Team managers are asked to return Saturdays bow numbers ASAP and collect new bow numbers for the races on Sunday.



2. The draw for the U17 and U19 races on Sunday only takes place after the Saturday races. The bow numbers for these races can only be collected as of Sunday morning.

BOAT PARK & FINISH AREA

Location

Large boating areas are available nearby the three Ghent rowing clubs.

WEIGHING

Location

The scales are located in the fitness room of K.R. Sport Gent

Opening Hours

Friday May 8, 2026	from 17h00 till 21h00 (test weighing, non-official)
Saturday May 9, 2026	from 06h44 till 16h50
Sunday May 10, 2026	from 06h38 till 16h09

World Rowing rules

Athletes

Lightweight	men	individual maximum	72,5 kg
		crew average	70,0 kg
	women	individual maximum	59,0 kg
		crew average	57,0 kg

World Rowing Rule 23 (extract):

Lightweight rowers shall be weighed wearing only their racing uniform on tested scales not less than one hour and not more than two hours before their first race of each lightweight event in which they are competing, each day of the competition.

On each occasion of weighing, each crew shall present itself together as a crew at the weighing center and shall be weighed as a crew. The weighing scales should indicate the weight of the rower to 0,1 kg.

The Control Commission shall require presentation of each rower's official identity card with photograph at the time of the first weighing of the rower or subsequently.

Coxswains

World Rowing Rule 22 (extract):

The minimum weight for a coxswain wearing the racing uniform is 55kgs.

To make up this weight, a coxswain may carry a maximum of 15 kgs deadweight which shall be placed in the boat as close as possible to his person. No article of racing equipment shall be considered as part of this deadweight. At any time, before the race or until immediately after disembarkation, the Control Commission may require the weight of the deadweight to be checked.

These provisions shall also apply to coxswains in lightweight races.

World Rowing bye-law to Rule 22:

Coxswains shall be weighed wearing only their racing uniform on tested scales not less than one hour and not more than two hours before their first race in each event in which they are competing on each day of the competition.

The weighing scales shall indicate the weight of the coxswain to 0,1 kgs.

The Control Commission may require on the occasion of the first weighing, or subsequently, the presentation of an official identity card with photograph.

Boats

Random boat weighing may be executed by the control commission.

World Rowing Appendix R3:

1x	14kg	2x	27kg	4x	52kg
2-	27kg	2+	32kg	4-	50kg
4+	51kg	8+	96kg		



Info Service Belgium

informatie- & communicatie technologie



i-Active



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+32 (0)9 265 97 70
info@infoserv.com

<https://rowing.isbapp.be/live>
<https://www.infoserv.com>

PRICES AND TROPHIES

Each race will be awarded with at least a price for the first and the second.

EXCEPTIONAL SITUATION DUE TO THE NEW FINISH TOWER WORKS...

On Saturday and Sunday a medal ceremony will take place **for (only) the first of all events after each A-final at the victory podium near the finish container** (opposite side of the new finish tower works - side of the Organising Committee club - Kanodreef). **We invite the winners to collect their medals, once they have racked their boats in the boat park.**

All other medal winners (Saturday & Sunday) can collect their medals on Sunday **from 13h00 onwards**, in the clubhouse of the OC: K.R. Sport Gent.



TO FOLLOW THE RACES

In general

As the races are umpired from the road, it is imperative that absolute priority is given to the umpire cars.

Bicycles

All bicycles **must** stay on the cycling path.

Pay attention when crossing the Cycling Express way (using the crossing bridge) at the 1250 mark. THE EXPRESS WAY users have absolute PRIORITY !!!

The traffic police will penalize the cyclists who don't follow the prescribed rule.

NO CYCLISTS ARE ALLOWED BETWEEN THE ROWERS AND THE UMPIRE CAR !!!

Cars

The Umpire cars will have priority when following races !!!

Security

All people must strictly follow the indications given by the staff in charge of the security and/or the traffic police.

The organising committee is not responsible in case of an accident.

REMEMBER THE 2027 REGATTA DATES

May 8 & 9, 2027

Gent Motors



Jeep



Link to the website:

**Consult live all updated draw information
and live results via:**

